

THE PRACTICAL SORT ECO-ORGANIZING SOLUTIONS

503-462-4222

sherri@thepracticalsort.com

ThePracticalSort.com

Here are a few pieces of information that might be useful to guide your decision-making around my coached organizing services. I use a hybrid model of organizing and coaching. As an organizer, I offer organizing suggestions and recommendations during projects to help raise awareness. Ways to minimize, reuse, rearrange, eco-dispose, etc.

The coaching piece opens spaces for confidential insights, enables you to delve into your areas of strength, and hone untapped skills.

COACHING

- A confidential partnership. Together we will co-create the outcomes and results you want. Our relationship is between the 2 of us. I don't share information with others about the work we do together or what you share with me. This is a policy of my business, my personal values, and it's also a part of the professional code of ethics which I have agreed to uphold. Only situational generalities are occasionally shared. No names, no identifying info. *
- Action-oriented. It's an experimental process. There is no failure. You define the actions you wish to take. I'm here to help you draw the roadmap and stay accountable to yourself. If actions aren't doable or achieve the results desired, we look for alternate routes until it feels right.
- Empowering and sustainable. With hands-on experience, you'll learn sustainable skills that can be applied to organizing and other similar circumstances in daily life.
- Present and future-based, not poking at the past. This is not like therapy delving into the whys of the past. We're exploring and experimenting with the "whats" (what do you want to achieve, what's standing in your way, what steps will deliver outcomes) and "hows" (how do we get you there).

Coaching is an investment. It's a process. Change doesn't occur overnight. Therefore, coaching is a time and financial commitment. It needs to feel right for you. It needs to feel doable.

ORGANIZING

As an organizer, I will also provide organizing suggestions and recommendations during projects to help raise awareness. Ways to minimize, reuse, rearrange, eco-dispose, etc.

**I also feel it is important to let you know there are situations under which I would be required to share some information about a client – say, if I were required to by a court of law. I would advise my client prior. If I truly believed a client was going to seriously hurt him or herself or someone else, I would ethically need to report that concern to the appropriate crisis resources.*